

## Partners in Managing Your Medications

Each time you get a prescription filled at Goodrich Pharmacy, a pharmacist ensures that the new medication is right for you and your medical conditions including determining if the medication is safe and does not interact with any of your other medications.

Your Goodrich Pharmacist is a medication expert with years of advanced training and knowledge to help you manage your medications.

**GOODRICH PHARMACY**

**Exceeding Patient Expectations  
Since 1884**



To **schedule an appointment** with your Goodrich Pharmacist, call:

**763-421-5540**

Five convenient locations!

**Andover**      **Anoka**      **Blaine**  
**Elk River**      **St. Francis**

**My appointment is scheduled for:**

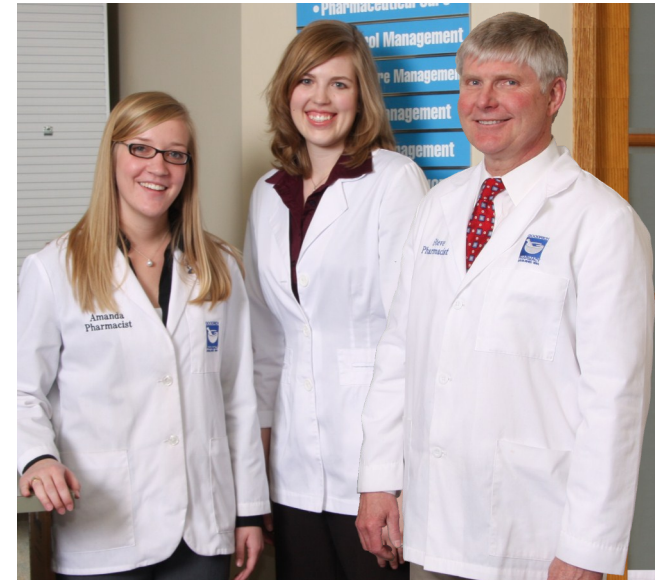
Date: \_\_\_\_\_

Time: \_\_\_\_\_ AM/PM

Location: Goodrich

## Get Your Medication Check-Up Today!

**Talk with your pharmacist about your medications to improve your health.**



## What is a Medication Check-Up?

It is a service provided by our pharmacists that is sometimes called medication therapy management or MTM.

A medication check-up is more than answering questions when you pick up a prescription.

During your appointment you will meet one-on-one with a pharmacist to discuss your medications. They will then work with your doctor and yourself to ensure that your medications are *cost effective, safe and convenient*.

The initial appointment lasts about 45 minutes and at the end you receive a complete list of all your medications that you can share with other health care providers.



## Who Should have a Medication Check-Up?

A medication check up may be helpful for anyone who uses prescription medications, over-the-counter medications, herbal products or dietary supplements.

A medication check-up can be most beneficial to anyone who has questions about their medication, recently changed their medications, uses several medications or wants to reduce their out-of-pocket medication costs.

## Benefits of a Medication Check-Up

A medication check up with a pharmacist can provide significant benefits. Studies about medication therapy management have found that people who meet with their pharmacists have:

- Lower health care costs
- Fewer hospitalizations
- Fewer trips to the emergency room
- Decreased side effects caused by medications
- Better understanding of their medications
- Better management of their medications and medical conditions

