HYPERTENSION

Subjective

Hypertension History

- CC:
- Allergies:
- BP prior to referral:
- Last RPH visit:
- Changes at last visit (if follow-up visit):

Current Hypertension Regimen

- Adherence (overall):
- Tolerability/Adverse Effects Identified:
 - Signs/symptoms of hypertension:
 - Admits/denies headache, SOB, blurred vision, chest pain
 - Sign/symptoms of hypotension:
 - Admits/denies dizziness, lightheadedness

Medication	Directions	Adherent (Y/N)	Notes

Hypertension Medication History

Medication	Reason for Discontinuation

- Compelling indications for antihypertensive treatment and/or pertinent PMH:
 - Asthma
 - COPD

CVA

CKD

DiabetesHFr/pEF

- PAD
 AFIB
 - Gout

CAD

- - Female of child bearing age
- Heart Attack

- Cardiovascular risk reduction
 - 10-year ASCVD risk score:
 - Aspirin:
 - Statin:
 - Smoking Status/History:
- Lifestyle
 - Physical Activity
 - Description of current activity:
 - Barriers to achieving physical activity goal of 150 min/week:
 - Diet
 - Breakfast:
 - Lunch:
 - Dinner:
 - Snacks:
 - Caffeine:
 - Sodium:
 - Alcohol Use:

Objective

BP/Pulse Log (past 2 weeks):

Date	SBP	DBP	HR
Average:			

Appropriate technique reviewed Y/N (if patient is monitoring; sitting, 5 minute rest, arm at heart level, no activity/caffeine/nicotine within 30 min-1 hour before testing):

Pertinent Labs:

CHEM7 (date):

- BUN:
- CO2:
- Serum Creatinine:
- Glucose:
- Serum chloride:
- Serum potassium:

🗌 Ht:

Wt:

Calculated CrCl:

Assessment/Plan

<u>Assessment of current therapy (include average BP readings over the last 2 weeks, patients goal of therapy, reasoning for any therapy change):</u>
 Goal:

Plan (include increase/decrease/start/stop medications, education provided, referrals placed (if needed))

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- **Future considerations**
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- Follow-up:
 - Date:
 - Time:
 - Provider:

DIABETES Subjective Diabetes History CC: Allergies:

- A1C prior to referral:
- Last RPH visit:
- Changes at last visit (if follow-up visit):
- Current Diabetes Regimen
 - Adherence (overall):
 - Tolerability/Adverse Effects Identified:
 - Signs/symptoms of hyperglycemia:
 - Admits/denies polydipsia, polyuria, fatigue
 - Sign/symptoms of hypoglycemia:
 - Admits/denies sweating, shakiness, lightheadedness, tachycardia

Medication	Directions	Adherent (Y/N)	Notes

Diabetes Medication History

Medication	Reason for Discontinuation

Compelling indications for diabetes treatment and/or pertinent PMH:

- Asthma
 CKD/ESRD
 COPD
 Hypertension
 HFr/pEF
 Heart Attack
- 🗌 CVA

Cardiovascular risk reduction

- 10-year ASCVD risk score:
- Aspirin:
- Statin:
- Smoking Status/History:
- Lifestyle
 - Physical Activity
 - Description of current activity:
 - Barriers to achieving physical activity goal of 150 min/week:
 - Diet
 - Breakfast:
 - Lunch:
 - Dinner:
 - Snacks:
 - Alcohol Use:

Objective

Blood Glucose Log (past 2 weeks):

Date	FBG	Breakfast	Lunch	Dinner	Bedtime
Average:					

Pertinent Labs:

- A1C (date):
- CHEM7 (date):
 - BUN:
 - CO2:
 - Serum Creatinine:
 - Glucose:
 - Serum chloride:
 - Serum potassium:

Ht:

Wt:

Calculated CrCl:

Assessment/Plan

<u>Assessment of current therapy (include pertinent average BG readings over the last 2 weeks, patients goal of therapy, reasoning for any therapy change):</u>
 Goal:

Plan (include increase/decrease/start/stop medications, education provided, referrals placed (if needed))

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- <u>Future considerations</u>
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- Follow-up:
 - Date:
 - Time:
 - Provider:

HYPERLIPIDEMIA

Subjective

Hyperlipidemia History

- CC:
- Allergies:
- LDL prior to referral:
- HDL prior to referral:
- TG prior to referral:
- Last RPH visit:
- Changes at last visit (if follow-up visit):

Current Hyperlipidemia Regimen

- Adherence (overall):
- Tolerability/Adverse Effects Identified:

Medication	Directions	Adherent (Y/N)	Notes

Hyperlipidemia Medication History

Medication	Reason for Discontinuation

Compelling indications for hyperlipidemia treatment and/or pertinent PMH:

- Heart Attack
- Stroke
- Diabetes
- HFr/pEF
- CVA
- CKD/ESRD

🗌 CAD

🗌 PAD

- LDL>190 mg/dL
- Familial hypercholesterolemia
- □ Female of child-bearing age

Cardiovascular risk reduction

- 10-year ASCVD risk score:
- Aspirin:
- Statin:
- Smoking Status/History:

Lifestyle

- Physical Activity
 - Description of current activity:
 - Barriers to achieving physical activity goal of 150 min/week:
- Diet
 - Breakfast:
 - Lunch:
 - Dinner:
 - Snacks:
 - Alcohol Use:

Objective

BP/Pulse Log (past 2 weeks):

Date	SBP	DBP	HR
Average:			

Appropriate technique reviewed Y/N (if patient is monitoring; sitting, 5 minute rest, arm at heart level, no activity/caffeine/nicotine within 30 min-1 hour before testing):

- Pertinent Labs:
 - Lipid Panel (date):
 - Total cholesterol:
 - LDL:
 - HDL:
 - TG:

🗌 Ht:

- Wt:
- Calculated CrCl:

Assessment/Plan

<u>Assessment of current therapy (include pertinent labs, patients goal of therapy, reasoning for any therapy change):</u>
 Goal:

Plan (include increase/decrease/start/stop medications, education provided, referrals placed (if needed))

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Future considerations

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- **Follow-up**:
 - Date:
 - Time:
 - Provider:

ANTICOAGULATION (WARFARIN MANAGEMENT)

Subjective

Warfarin History

- CC:
- Allergies:
- Indication for warfarin:
- INR Goal:
- Expected Duration of Therapy:
- Last RPH visit:
- Changes at last visit (if follow-up visit):
- Bleeding Risk
 - HAS-BLED (if relevant to indication)
 - Previous bleeding history
- Clotting Risk
 - CHADS-VASc (if relevant to indication):
 - Previous history of clotting (i.e. stroke hx, PE/DVT hx):
- Current Warfarin Regimen:
 - Adherence (overall):
 - Extra doses:
 - Missed doses:
 - Tolerability/Adverse Effects Identified:
 - Admits/denies any s/sx of bleeding (excessive bruising, bleeding gums, etc)
 - Admits/denies any s/sx of clotting (unilateral swelling/warmth/redness, stroke symptoms, etc)

Medication	Daily Dose	Directions	Adherent (Y/N)	Notes	TWD

Recent medication	changes	(if applicable):
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- Changes to lifestyle (i.e. illness, exercise, tobacco/alcohol intake, weight gain or loss):
- Changes to diet/Vitamin K intake:
- Any upcoming procedures:

Objective

Pertinent Labs:

CBC (date):

- RBC:
- WBC:
- Hct:
- Hgb:
- Platelets:

Hepatic panel (date):

- Total protein:
- Albumin:
- Total bilirubin:
- Direct bilirubin:
- Alkaline phosphatase:
- AST:
- ALT:

BMP (date):

- Calcium:
- CO2:
- Chloride:
- Creatinine:
- Glucose:
- Potassium:
- Sodium:
- BUN:

POCT INR (date):

Ht:

Wt:

Calculated CrCl:

Warfarin History (as applicable: update at each visit to assess trends):

Date of Previous Visit	INR Reading	Respective TWD

Assessment/Plan

<u>Assessment of current therapy (include whether POCT INR is in goal range, document if any changes to medications, diet, lifestyle, etc may be contributing to INR, document any concerns regarding bleeding/clotting risk):</u>
 Goal:

Plan (Include warfarin dose instructions, utilize teach-back with patient and nursing staff to ensure understanding, note any held/extra doses given)

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<u>Future considerations</u>

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Follow-up:

- Date:
- Time:
- Provider:

ANTICOAGULATION (DOAC MANAGEMENT)

Subjective

DOAC History

- CC:
- Allergies:
- Indication for DOAC:
- Expected Duration of Therapy:
- Last RPH visit:
- Changes at last visit (if follow-up visit):
- Bleeding Risk
 - HAS-BLED (if relevant to indication)
 - Previous bleeding history
- Clotting Risk
 - CHADS-VASc (if relevant to indication):
 - Previous history of clotting (i.e. stroke hx, PE/DVT hx):
- Current DOAC Regimen:

Adherence (overall):

- Extra doses:
- Missed doses:
- Tolerability/Adverse Effects Identified:
- Admits/denies any s/sx of bleeding (excessive bruising, bleeding gums, etc)
- Admits/denies any s/sx of clotting (unilateral swelling/warmth/redness, stroke symptoms, etc)

Medication	Directions	Adherent (Y/N)	Notes

Any noted problem(s) with DOAC regimen:

□ Changes in CrCl, age, weight leading to dose adjustments

Notes:

DOAC use in obesity

Relevant drug interactions of concern

🗌 Hg drop

□ Changes in hepatic function

Any s/sx of bleeding/clotting

Objective

Pertinent Labs:

CBC (date):

- RBC:
- WBC:
- Hct:
- Hgb:
- Platelets:

Hepatic panel (date):

- Total protein:
- Albumin:
- Total bilirubin:
- Direct bilirubin:
- Alkaline phosphatase:
- AST:
- ALT:

BMP (date):

- Calcium:
- CO2:
- Chloride:
- Creatinine:
- Glucose:
- Potassium:
- Sodium:
- BUN:

🗌 Ht:

🗌 Wt:

Calculated CrCI:

Previous DOAC Regimen:

Medication	Directions	Reason for Discontinuation

Assessment/Plan

 <u>Assessment of current therapy (include whether DOAC use is appropriate for indication, if patient</u> is on the correct dose of DOAC, and assess any relevant problem(s)/concern(s)): Goal: □ <u>Plan</u> (Recommend same/new dose, continuation/discontinuation of DOAC)

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Future considerations

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Follow-up:

- Date:
- Time:
- Provider: